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ShareLove.Fund Empowers High School Leaders & Incarcerated Women to be Certified Yoga Teachers

By Ashley Share, RCYT, RPYT, RYT 500 posted 28 days ago

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ShareLove.Fund Empowers High School Leaders & Incarcerated Women to be Certified Yoga Teachers



About the School

ShareLove.Fund is a non-profit yoga school situated in Rye, New York. The outbreak of the Covid-19 pandemic has made situations tough for all of us. People are going through long-lasting sufferings and hard times. We see people struggling to make a decent livelihood. Furthermore, a significant rise in the number of women experiencing pain and suffering due to Covid-19 has also been witnessed.

Many women have been trapped in different types of domestic abuse scenarios. Even though they are struggling physically and mentally, they are afraid to let go due to lack of financial stability and the power to fight. In addition, women have been trying to make sure everything looks right and great even though it's not. A mother in a locality of New York has been living in a car for days in order to avoid staying in an abusive household. Her court case has also been delayed due to the pandemic.

Ashley Share, the founder of ShareLove.Fund, recognized all such sufferings of the women during the pandemic and lockdown situations. Therefore, she decided to form a yoga school in 2020. She realized that there is a need to serve the unemployed, incarcerated, and economically disadvantaged women in New York. She also wanted to help the women who have been the victims of abuse and crime.

Share decided to use yoga, the perfect blend of physical and mental activity, to help the women acquire mental peace and develop the ability to stand up for themselves. She wanted to give them all a purpose to live. Her own experience of attaining a yoga certification course inspired her to adopt the approach.

“I thought, ‘What has helped me? What has really empowered me as a woman? This yoga teaching degree really just made me feel more in control and helped me make better decisions. I have a skill, and I can give them a teaching credential and take them through this process of earning the credential, which is really empowering,” Share said.

The core aim of the yoga school is to empower young women and enabling them to earn a livelihood, develop self-esteem, and acquire a new skill set. Many women look for ways to gain financial support to make their own living in the difficult situation of the pandemic. The yoga school has been established to provide financial assistance to such people through yoga certification programs and classes. Ashley Share wants young women to become self-supporting members and be independent in a true sense in society.

Additionally, Share’s background of being an attorney and familiarity with the legal field has enabled her to extend a helping hand towards the women in custody. She has a good understanding of the entire system and is well aware of the process that women undergo while waiting for their trials. Furthermore, she knows the level of stress women have to go through before, after, and during each and every hearing.

Through ShareLove.Fund’s yoga school, Ashley organizes yoga and meditation classes to help the women deal with such stressful situations effectively. She has channelized all her efforts and energy to enable young women to stand on their own and lead a respectable life independently.

The founder, Ashley Share, understood that in order to ensure the overall wellness of women at ShareLove.Fund, she would have to adopt the Kripalu approach. Instead of focusing on just making them financially stable, it would help in enhancing their health and well-being too. The Kripalu

approach has been laid as the foundation of the yoga school. This approach focuses on healing and transforming the body, mind, and spirit of the students and teachers. It helps in building energy or life force (prana). The focus of Kripalu yoga is inward and emphasizes the overall transformation of the body.

Within a year of establishment, ShareLove.Fund has gained good recognition for all its services. The yoga school has even been awarded the Platinum Seal of Transparency by Guidestar for the year 2021. ShareLove.Fund has been featured in a number of media outlets such as Yahoo!, The Eden Magazine, Net News, Muck Rack, Palisadian Post, Topsy Turvey Yogi, Mamas Latinas, and more.

Physical and mental stress have a negative impact on the lives of young women in New York. To enhance the quality of life for women experiencing such stress and trauma, Ashley Share founded the platform of ShareLove.Fund. She aims to use the yoga training programs as an incredible tool to help every young woman earn a livelihood and build her leadership skills.

“Empowering youth and enhancing their mental and physical health outcomes through evidenced-based yoga teacher training is the main motto of ShareLove.Fund,” Ashley Share said.

The yoga training degree and support for job placement are mainly provided to women belonging to the age group of 14 - 24 years. Ashley Share has made an effort towards reducing recidivism by making the incarcerated women well-versed with the teachings and principles of yoga.



What are we providing, and how?

ShareLove.Fund provides Yoga Alliance teacher training certification programs, which include RYT 200, RYT 300 and RYT 500. The certification courses are offered throughout the year in New York. Ashley Share understands the fact that school breaks are a great time to empower young girls. In order to make the most of the school breaks, ShareLove.Fund offers its certification courses during that time at different retreat locations.

The certification courses are provided to the students “in-person” in New York and different retreat locations. Also, these courses are virtually offered on the online platform through Zoom. In addition, the yoga school has a dedicated YouTube channel where various informative and educational yoga videos are posted. In order to fund the operations of ShareLove.Fund, the yoga certification courses are sold to individuals who are not qualified for the fee waiver.

ShareLove.Fund also accepts tax-deductible donations and sells various merchandise such as daily use objects, clothes, accessories, stationery, and more for acquiring the required funds to deliver free education to the students.

All the yoga training programs of ShareLove.Fund focus on improving the mental and physical health of the students. A number of students of our yoga school have endured challenging circumstances in life since the outbreak of the pandemic. In search of a solution to ease their suffering, Ashley Share founded the platform.

“WE are a youth-focused Women’s Empowerment non-profit organization, creating the next generation of leaders through job certification courses rooted in the principles of yoga,” Ashley Share, the founder, said.

The founder of ShareLove.Fund has contributed significantly and delivered services to ensure 100% success of the programs. She is a certified yoga teacher with specializations in children’s yoga and prenatal yoga. Moreover, she has offered valuable services to the organization and helped more than 1,000 women build their lives and be independent.

The strong commitment and dedication of the other board members of ShareLove.Fund has made a positive impact on the lives of thousands of women in New York.

ShareLove.Fund provides a special prenatal teenager program, which is a free yoga teacher training program to help pregnant teenagers graduate from high school with a vocational degree. The program offers a yoga teaching certificate to teenagers and guarantees a job from ShareLove.Fund or an affiliated yoga studio.

In order to make pregnant teenagers know that they are not alone, ShareLove.Fund provides pre-natal and post-natal information on its YouTube channel. The daily meditation, yoga, and pre-natal resources are meant to motivate isolated pregnant teenagers to build a productive life.

“Our symbol is a lotus. The lotus flower is considered one of the most beautiful flowers, and it grows out of mud. So, teenagers, please remember that if you feel you are in the mud right now, it is OK; you are teeming with life, and just because you are in the mud today, does not mean that you cannot be a blooming flower tomorrow. They say, the further you fall, the higher you will fly. Life is a journey; think positive, it will be OK.” the founder said.

Weekly blogs published by ShareLove.Fund are an additional source to educate the youth and the public to improve their knowledge and skills. Through the various social media campaigns, the yoga school amplified the voices of the female entrepreneurs and made them heard by the public. ShareLove.Fund’s partnership and affiliation with numerous yoga schools, yoga instructors, and retreats have gone a long way in delivering essential support to young women.



Outcomes: Students' Perspective

Students of ShareLove.Fund's yoga school were surveyed, and more than 50% of the students reported that the yoga training programs have come as a ray of hope in their tough times. They said the programs helped them calm their stressful minds and showed them how to sail through much effortlessly.

Students expressed their gratitude towards the founder of ShareLove.Fund for helping them to come out of their suffering and traumatized situations.

"I was trapped in the fear cycle of blaming myself and blaming others. I was not even able to speak up about my trauma. The movements of yoga not only increased my flexibility but also enabled my thoughts, words, and pain to pour out. Practicing yoga helped me understand how I internalize my shame, which helped me overcome my stress and trauma."

- Young Student

Physical

Students of ShareLove.Fund reported that they experienced better physical well-being after practicing the yoga movements. They experienced a significant level of improvement in strength, flexibility, and energy levels.

“When I move, and I feel my body let go - I feel lighter and that my stress level is lower. My body has become more flexible than before.”

- Student

“The yoga movements increased the flexibility of my body and helped me bring out the pain that was hidden within for years.”

- Student

Mental

In terms of mental health, students reported maximum positive outcomes. Students who experienced a lot of mental pressure and trauma could get optimum relief through the yoga classes. Yoga helped them to stay calm and provided them with multiple therapeutic benefits.

“Yoga has helped me come out of my mental trauma and open up to the new opportunity that life brings in for me. I am ready to overcome my past and learn and grow through new experiences.”

- Student

“I have regained my peace of mind that was lost long back. I am now ready to sail smoothly on my journey of life.”

Emotional

Yoga made a positive impact on the emotional well-being of the students. In terms of emotional health and well-being, students reported being more calm, relaxed, and happy than before. In addition, they had gained the ability to effectively think and reflect on their past actions and respond appropriately instead of reacting.

“I got the support when I needed it the most. Yoga helped me to effectively gain control of my emotions and respond to situations better instead of sudden reactions.”

- Student

“Yoga has helped me to stay calm when there are huge storms in my life.”

- Student

Social

Information collected through the survey shows that yoga helped women in enhancing their relationship skills. Also, students reported development in their communication skills. They gained the ability to make more informed choices for themselves and others.

“Yoga has helped me to stay calm and listen to what my partner has to say.”

- Student

“I am now able to deal with the stressful situation in my family better and avoid arguments.”

- Student



Outcomes: Teachers' Perspective

When asked about the experience of training young students, the teachers shared their unique experiences. Teachers reported that the yoga teacher training certification courses not only empowered the students, but also provided them with an empowering experience.

"When you teach a class, everybody is silent, and you give the commands, you're in control in a calm way. I feel like that is so empowering."

- Ashley Share, Founder

Another teacher expressed that the ability to share one's own skill with others for the better was indeed soul-satisfying.

"I have a special skill, and the ability to make the most of it and use it to change the lives of young women is empowering. It is a soul-satisfying experience to teach yoga to young women and bring about a positive change in their lives."

- Teacher

One of the teachers expressed her experience about making a significant contribution to society.

"Being a yoga teacher and providing training to the students who need it the most at the moment makes me feel that I am doing something worth my time and efforts. I need to understand the importance of my role and work in reducing women's recidivism. I feel elated to have contributed towards bringing a positive change in the society."

- Coach

Another teacher shared about the responsibility of guiding the students for the good even when they are not willing to cooperate.

"We have a big role to play. We have to do much more than just teaching yoga. Ensuring the complete wellness of students and bringing about a change in their lives is what we focus on. A lot of students face difficulty in utilizing their skill sets and regulating their emotions. Moreover, they themselves close the doors of progress. We understand that they have gone through a lot and need time to adapt. We continuously support and encourage them to let go of all the negativity within and focus on the development of positive energy."

- Teacher

Outcomes: Parents' Perspective

Insights were gathered from the parents of the students who attended the yoga certification program at ShareLove.Fund's yoga school. Parents shared their views and experiences, and a majority of them reported that they could see positive outcomes.

One of the parents who took the yoga teacher training course along with her children shared:

"I was allowed to practice yoga along with my children. It gave me an opportunity to demonstrate a different side of me that my children had never seen before. On the mat, I am confident, strong, and deliberate in all my actions. It helped me become stronger in life. I was also able to send the message to my kids that it's important to act strong and confident in all they do."

- Mother

Another parent expressed the positive changes in her child.

"I have never seen my daughter so strong yet calm and composed. She has learned to carry her own burden instead of worrying about it. In the case of arguments in the house, she is able to control her emotions and stay unaffected."

- Parent

Another parent shared the gained ability of her child to fight tough situations.

"She no longer breaks down and acts helpless. Instead, she has learned to fight the tough situations in life, thereby finding an ideal solution for the problems."

- Parent

One parent of a student reflected on the development of self-management and self-awareness in a unique way.

"During an argument in the family, she was aware of her aggravated feelings and tried her best to regulate her choice of words. She is more aware of the choice she is making in life, and most of them are now well-informed. She is doing good at managing herself and handling different situations in life."

- Father

A parent shared the unique experience of witnessing her daughter grow mentally and emotionally.

“I am surprised by the growth and development of my daughter both mentally and emotionally. She seems to have developed maturity to handle stress in a productive manner and the ability to maintain her inner peace irrespective of what her external environment is.”

- Parent





Future Plans

ShareLove.Fund has achieved a lot beyond imagination in a single year of its establishment. The yoga school has provided gainful employment to a number of women in New York and helped change and build the lives of more than 1,000 young women. ShareLove.Fund's yoga approach aims at empowering women and developing the next-gen female leaders through the yoga teacher certification programs. What we know is that yoga courses are meant to provide much more than only employment opportunities and financial stability.

With the currently limited resources, ShareLove.Fund provides paid yoga classes in order to gain the required funds for its operations. The free program of the yoga school is meant for young women who are in need of a yoga degree to bring about a change in their lives. The change may not necessarily be financial, but it will be a change that makes their lives better in society and worth living.

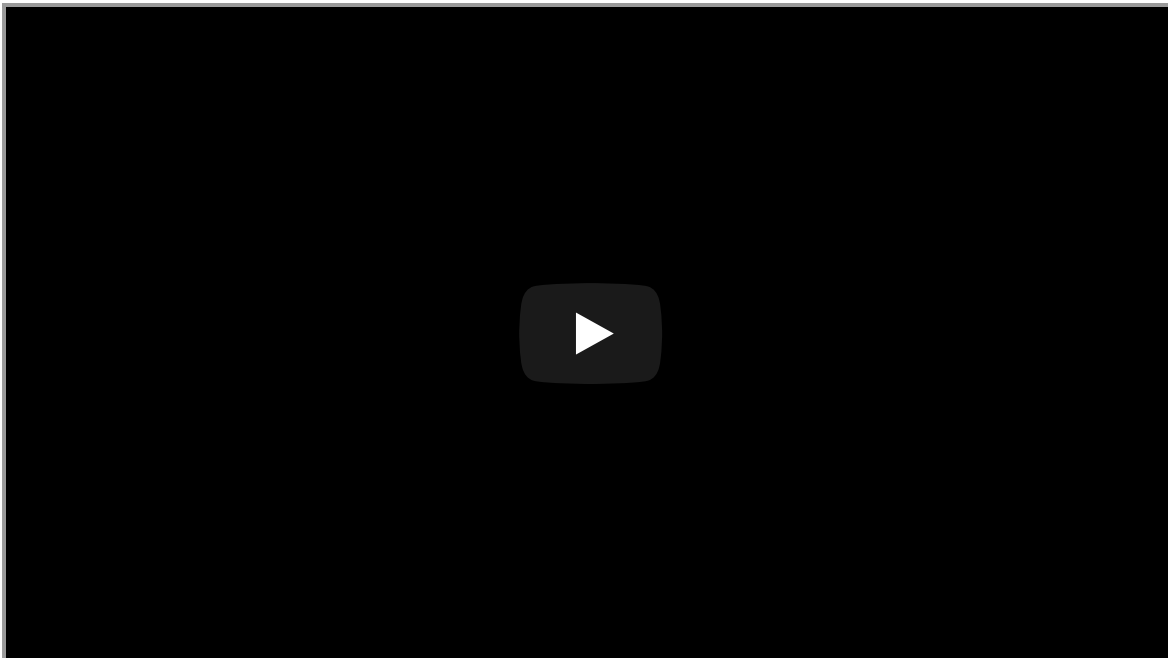
In the upcoming future, Ashley Share plans to continue her journey of empowering young women through social enterprise within society's capitalistic structure. In order to grow the resources of ShareLove.Fund and reach out to more women in New York; Share welcomes the donations of money as well as new items from people out of their free will. She is expecting more collaboration with merchandisers who will provide their goods as donations, and such donated merchandise will be branded with the logo of ShareLove.Fund.

Ashley Share has a dream of owning a yoga studio one day, and she is seeking funds for the studio location. The studio will be used for providing yoga training to young women in New York City.

Share's future plan for ShareLove.Fund is to keep expanding free yoga teacher training certification courses to more and more women and help them earn a good livelihood. In addition, she plans to help the youth take a lead role in the training programs and enhance their leadership and job skills. Through this, she aims to develop a new generation of female leaders in community and school groups.

Ashley Share's ShareLove.Fund lays a foundation for the growth, development, and empowerment of young women in the 21st century. By incorporating the yoga certification programs, Ashley assists women in retaining their self-identities and is focused on creating a path to spread well-being and positivity.

"We'd love to expand and be bi-coastal. I would love to see this grow to take women at whatever stage they're at and bring them up like ten more notches," Share said.



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19 views

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Powered by Higher Logic

ShareLove.Fund

Train Yogis – Empower Women – Build Lives

April 7, 2021

Annual Board Meeting



ShareLove.Fund is a 501(c)(3) tax-exempt organization for the purpose of empowering at-risk and pregnant women through a yoga teacher certification course so that they may have a livelihood, should they ever need it, that respects their body, calms their mind, and nurtures their soul. EIN: 85-4058802.

MISSION



ShareLove.Fund's Mission:

We are a youth focused Women's Empowerment nonprofit creating the next generation of Leaders through job certification courses rooted in the principles of yoga.

ShareLove.Fund is a 501(c)(3) tax-exempt organization for the purpose of empowering at-risk and pregnant women through a yoga teacher certification course so that they may have a livelihood, should they ever need it, that respects their body, calms their mind, and nurtures their soul. EIN: 85-4058802.

Prevention Outreach



- 6 female youths ages 14-24 and 7 women over 40 have received in-person free 1:1 yoga instruction from ShareLove.Fund.
- Many more attended free group sessions.
- 4 of these youths we admitted to our in-person 200 hour course and will graduate with a yoga teaching degree by Mid-July 2021.

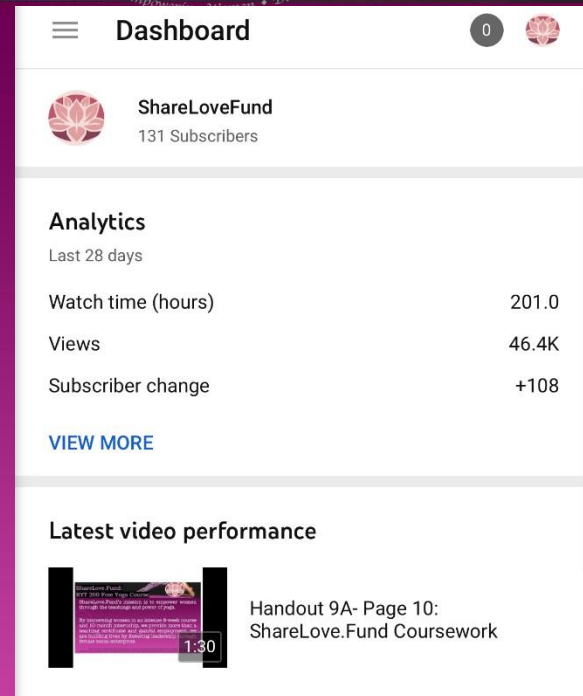
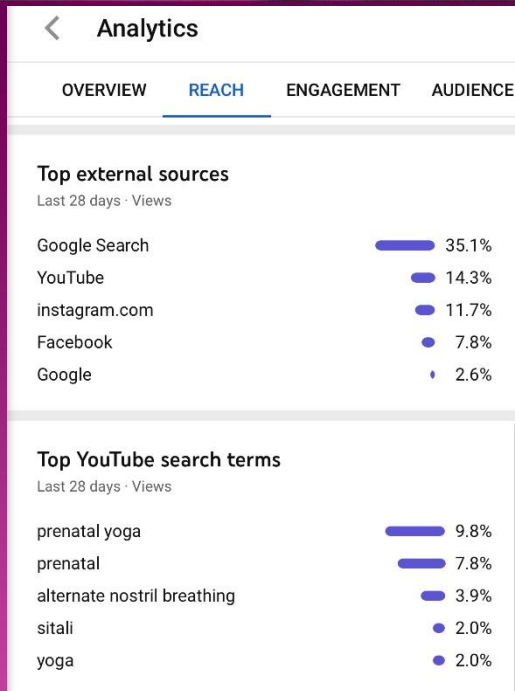


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Prenatal Outreach



- WE support pregnant teenagers through our customized YouTube channel.
- We are building curriculum daily for a full 200 hour on-line course.



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Prenatal Outreach



Analytics

OVERVIEW

REACH

Impressions

Last 28 days

21,510

Watch time from subscribers

Last 28 days · Watch time (hours)

Not subscribed

99.1%

Subscribed

0.9%

Analytics

OVERVIEW REACH ENGAGEMENT AUDIENCE

Gender

Last 28 days · Views

Female 98.1%
Male 1.9%

Age

Last 28 days · Views

13-17 10.4%
18-24 25.7%
25-34 19.8%
35-44 17.7%
45-54 9.8%
55-64 8.9%
65+ 7.7%

Top geographies

Last 28 days · Views

United States 97.7%
India 0.1%

Top subtitle/CC languages

Last 28 days · Views

No subtitles/CC 93.2%
English 6.8%

Jail Outreach

- 800 Women in custody at “Rosie’s” Riker’s Island Female Ward benefit from ShareLove.Fund’s RYT 200 Yoga Teacher Credential Program.



ShareLove.Fund is a 501(c)(3) tax-exempt organization for the purpose of empowering at-risk and pregnant women through a yoga teacher certification course so that they may have a livelihood, should they ever need it, that respects their body, calms their mind, and nurtures their soul. EIN: 85-4058802.

Why Help is Needed



- Since 1980 the number of women in U.S. prisons has increased by more than 700% and has outpaced men by more than 50%.
 - The Sentencing Project, 2015.
- In 2014, over 1.3 million women were arrested in the U.S. and women in local jails has increased 44% between 2000 and 2013.
 - Glaze & Kaeble, 2014, Table 5.
- In 2013, 1.2 million women were under the authority of the criminal justice system in some way shape or form.
 - Glaze & Kaeble, 2014.

ShareLove.Fund Builds Lives

- There is evidence that many women who do commit violent or aggressive acts often do so in self-defense (*e.g.*, in situations of intimate partner violence), rather than in a calculated manner.
 - Mordell, Viljoen & Douglas, 2012.
- Women are more likely than men to commit property crimes such as larceny-theft and fraud, and are also more likely to commit drug offenses, including drug possession and trafficking.
 - Carson, 2015; FBI, 2015.
- Women are less likely than men to have been convicted of a violent crime.
 - *Ibid.*
- Also violent offenses by women are often committed against family members or intimates in domestic settings.
 - Rosseger et al., 2009.
 - For more information on women who commit violent acts, including prevalence and typologies, see Van Dieten, Jones, & Rondon, 2014.



Training Yoga • Empowering Women • Building Sanctuaries

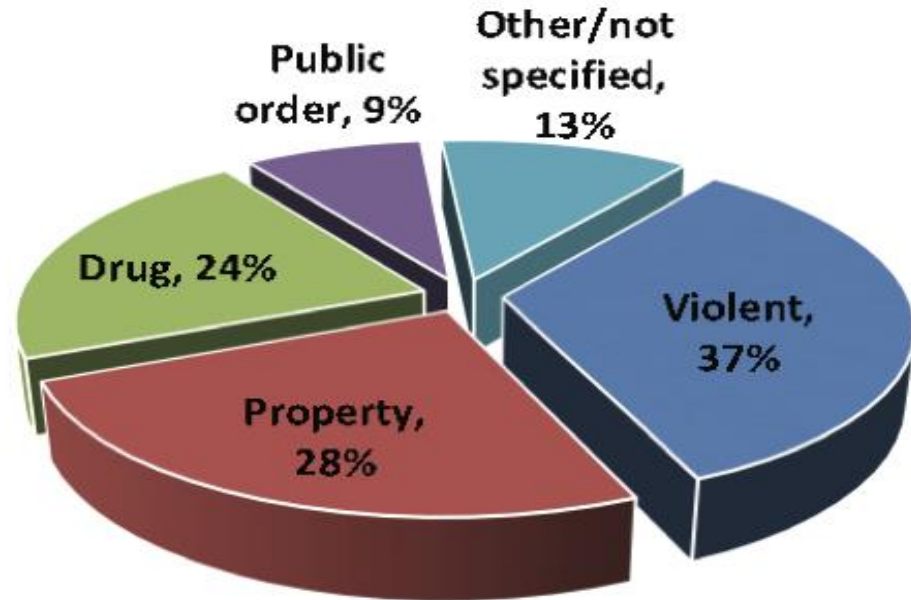


Why Help is Needed: Female Criminology



Types of Crime Committed,
Percentage of
Total Crimes Committed
by Female Inmates, 2014

Source: Carson, 2015, Table 11



Females, Most Serious Offense

How Our Approach Works: The Science of Yoga



Yoga Programs Can Improve Symptoms of Anxiety.

- A 2018 study conducted by Tulane University assessed the impact of a brief intervention on third-grade students who screened positive for symptoms of anxiety in this randomized controlled trial.
- The intervention was associated with a significant improvement in emotional and psychosocial quality of life in the intervention group when compared to the control group, suggesting that yoga/mindfulness interventions may improve symptoms of anxiety among students.

How Our Approach Works: The Science of Yoga



Yoga Programs Can Improve Focus and Attention.

- A 2014 study conducted by California State University of Fullerton examined the perceived benefits of incorporating chair yoga activities into classroom teaching.
- Triangulation of the data provided solid evidence suggesting that yoga-based activities produced perceived benefits in such areas as attention, concentration, joy, self-esteem, self-confidence, physical well-being, and daily behaviors.

How Our Approach Works: The Science of Yoga



Yoga Programs Can Help Maintain Mental Health.

- In 2012, a Harvard study conducted by Sat Bir Khalsa evaluated the potential mental health benefits of yoga programs for adolescents in secondary school. Students completed baseline and end-program self-report measures of mood, anxiety, perceived stress, resilience, and other mental health variables.
- Most outcome measures exhibited a pattern of worsening in the control group over time.
- Changes in the yoga group over time were either minimal or showed slight improvements, suggesting that implementation of yoga has the potential of playing a protective or preventive role in maintaining mental health.

How Our Approach Works

The Science of Yoga



Yoga Programs Can Improve Physical Health.

- The Program Evaluation and Research Collaborative (PERC) at Cal State University's Charter College of Education published research conducted a 2003 study on yoga programming at The Accelerated School (TAS) in South Central Los Angeles.
- The study found that participation in yoga classes helped improve students' physical health. TAS students are significantly more physically fit (23.4% more 5th graders on average were rated fit and 28.5% more 7th graders were rated physically fit) when compared to the school district mean levels of fitness.
- The study demonstrated yoga's efficacy in supporting overall student wellness and performance through other measures including self-esteem, student behavior, and academic performance.

Empowered Women Say No to Drugs



Between 1986 and 1999, the number of women incarcerated in state facilities for drug related offenses alone increased by 888% (compared to an increase of 129% for non-drug offenses).

-Lapidus, et al., 2004.

The increase in justice involved women can be traced to changes in state and national drug policies that mandated prison terms for even relatively low-level drug offenses, changes in law enforcement practices (particularly those targeting minority neighborhoods) and post-conviction barriers to reentry that uniquely affect women.

-Mauer, 2013.

Empowered Women Stay out of Jail



- Women's recidivism rates are similarly troubling to those of men.
- About one-quarter of women released from prison fail within 6 months (*i.e.*, have an arrest for a new crime), one-third fail within a year, and 2/3 fail (68.1%) five years out from release.
 - Snyder, Durose, Cooper & Mulako-Wangota, 2016.

Empowered Women Walk away from Abusers



- There is evidence that many women who do commit violent or aggressive acts often do so in self-defense (*e.g.*, in situations of intimate partner violence), rather than in a calculated manner.
 - Mordell, Viljoen & Douglas, 2012.
- Also violent offenses by women are often committed against family members or intimates in domestic settings.
 - Rosseger et al., 2009.
 - For more information on women who commit violent acts, including prevalence and typologies, see Van Dieten, Jones, & Rondon, 2014.

Empowered Women Break Cycles of Victimization



Victimization and Experiences of Trauma

Over the past decade, there has been great interest among researchers in the impact of trauma on justice involved populations generally, and women specifically.

- For more information on how trauma impacts justice-involved women, see Benedict, 2014.

Women under correctional supervision are more likely to report having experienced physical and sexual abuse as children and adults than their male counterparts.

- James & Glaze, 2006.

Abused Women Need a Path to the Light



A number of studies have found that about half (50%) of justice involved women report experiencing some kind of physical or sexual abuse in their lifetime, with some studies noted rates of trauma histories as high as 98%.

- Beck, Berzofsky, Caspar & Krebs, 2013; Wolff, Shi & Siegel, 2009.

For some women, victimization can continue while they are incarcerated, either at the hands of staff or other women.

- Covington, 2001.

Another important difference between the abuse histories of men and women is the length of time in which they experience abuse. While the risk of abuse for males drops after childhood, the risk of abuse for females continues throughout their adolescent and adult lives.

- Lynch, Fritch & Heath, 2012; Lynch, DeHart, Belknap & Green, 2012.

Empowerment Leads to Better Decisions



Relationships

- Sense of self-worth is built from their connections with others.
 - Bloom, Owen, & Covington, 2003.

Family Roles

- Two-thirds of women in state prisons are mothers of a minor child.
 - The Sentencing Project, 2015.

Poverty

- Most earn lower monthly incomes than men.
 - The Sentencing Project, 2007.

The Solution: Zero Drug Tolerance



ShareLove.Fund's Program Works because We Require a Signed Contract and Mandatory Drug Tests.

Substance Abuse

- In a 2006 Bureau of Justice Statistics study, over 60% of women met the DSM-IV criteria for a drug dependence or abuse problem during the year prior to their incarceration.
 - Mumola & Karberg, 2006.
 - In a sample of women in 11 states receiving reentry services, two-thirds of the women had reported using illicit drugs during the 30 days before incarceration.
 - Garcia & Ritter, 2012.
 - This study was the evaluation of the national Serious and Violent Offender Reentry (SVORI) Initiative.
- In a recent multi-site study of women in jails, 82% of the sample met lifetime criteria for drug or alcohol abuse or dependence.
 - Lynch, DeHart, Belknap & Green, 2012.
 - A particular concern for women is that they are twice as likely as men to have co-occurring substance abuse disorders and mental illness (40.5% for women vs. 22.9% for men).
 - CASA, 2010.

The Solution: Self-Supporting



Women Cannot Be Successful Until They Can Break Ties to Their Abuser.

Relationships

- Research on female psychological development illuminates how female's identity, self-worth, and sense of empowerment are defined by and through relationships with others.
 - See Bloom, Owen, & Covington, 2003; Covington, 2001.
- This is in contrast to males for whom the major developmental issues are achieving autonomy and independence.
- The criminal experiences of women are often best understood in the context of unhealthy relationships (e.g., a male partner who encourages substance abuse or prostitution).
 - Berman, 2005.
- Due to the high incidence of abuse, trauma and neglect experienced by justice involved women, their ability to achieve healthy, empathic and mutually empowering relationships is limited.

The Results: The Children



Family Roles

Women are more likely to have served as the primary caretakers of children prior to entering prison (Mumola, 2000) and have plans to return to that role upon release.

-Hairston, 2002.

For many justice involved women, their children are often the motivating factor for their desistance from crime.

-Cobbina, 2009;

-Wright, Van Voorhis, Salisbury & Bauman, 2012.

Child Welfare

Justice involved women are concerned in an ongoing way with their children's welfare and the potential loss of legal custody.

For instance, the Adoption and Safe Families Act of 1997 (ASFA) requires **termination of parental rights when a child has been in foster care for 15 or more of the past 22 months.**

Given that average prison terms for women are 18 to 20 months, this time period has particularly serious consequences for incarcerated mothers.

-Raeder, 2013.

The Results: Increasing NY's Tax Base



Poverty and Economic Marginalization

Poverty is of particular concern for women involved in the criminal justice system.

A greater percentage of women (37%) than men (28%) report incomes of less than \$600 per month prior to their arrest.

Most incarcerated women were previously employed in low wage, entry-level positions, and two-thirds earned a maximum wage of \$6.50 per hour.

-Greenfeld & Snell, 1999.

Job Placement

In interviews with women inmates in California, researchers found that the primary source of income was a legitimate job for only 37% of those women interviewed, while nearly 22% said their primary source was public assistance.

-Owen & Bloom, 1995.

An additional 16% reported that selling drugs was their way of providing for themselves and their children.

ShareLove.Fund's Impact

2020 Impact

- 100 cents of every dollar is spent on programs.
- In 2020, \$25,663.60 was paid and reported to the IRS on account of services rendered to ShareLove.Fund by women and minority independent contractors.
- As we grow, we hope to further increase New York State's tax base by increasing the number of tax paying citizens.
- Over 1,000 women from the ages 9 to 60 have received a benefit from ShareLove.Fund's services.

Disclosures

- No Directors or Officers receive any compensation.
- The Board of Directors fund 100% of the administrative expenses.
- 100% of donations are used to support empowerment programs for teenagers and women.



The Future: 2021 Needs



Salary Sponsorships

Details

- ShareLove.Fund seeks corporate sponsors or grants to fund salaries of it's five (5) Spring 2021 program graduates to work in various capacities for ShareLove.Fund.
- Hiring program graduates is central to our social enterprising mission.
- Program graduates are best suited to connect with our most vulnerable women, which will increase our reduction of recidivism success rates.
- Our program graduates are worthy of sponsorships because they have been punctual, hard working, committed and drug free for the 12 month consecutive duration of our program.
- ***Provides Leadership Opportunities for Women.***

- **Cost:** \$100,000 per year to employ the five (5) program graduates at various pay rates due to their prior experience. The program graduates that ShareLove.Fund employs are required to be free of drugs and alcohol.
- **Benefits of \$50,000 Corporate Sponsorship (need 2):** Tax deductible. Corporate branding on daily Yoga Training Videos, Photos, or Messages of Hope on one of ShareLove.Fund's social media platforms. Peloton? Athleta/Gap?
- ***Recognition*** for \$1,000+ tax deductible donations on ShareLove.Fund's website's Corporate Social Responsibility Page.
- ***Increases New York's Tax Base.***

Accountability



ShareLove.Fund retains Presti & Naegele as its external auditor.

ShareLove.Fund retains Beldock Levine & Hoffman LLP as its external legal counsel.

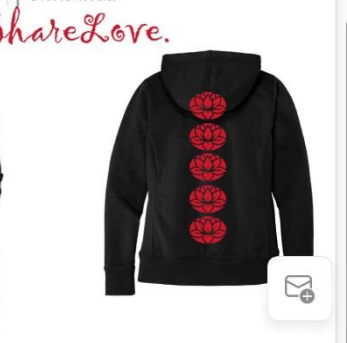
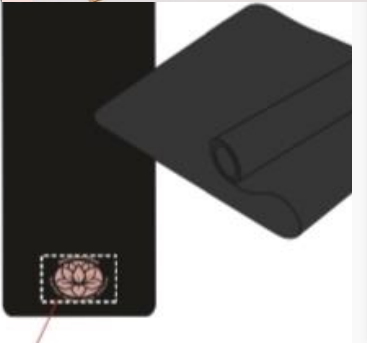
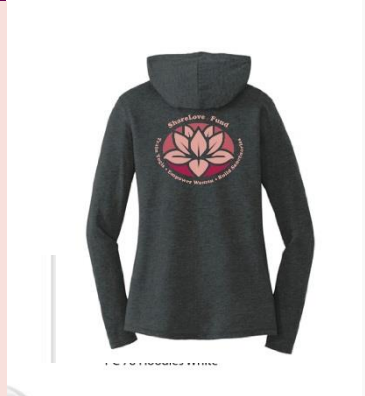
ShareLove.Fund is committed to the highest disclosure and accountability standards.

ShareLove.Fund implements BBB and GuideStar transparency protocols.



ShareLove.Fund is a 501(c)(3) tax-exempt organization for the purpose of empowering at-risk and pregnant women through a yoga teacher certification course so that they may have a livelihood, should they ever need it, that respects their body, calms their mind, and nurtures their soul. EIN: 85-4058802.

Revenue Sources: Merch



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Revenue Sources: Law & Real Estate



New York State
Department of State
Division of Licensing Services
Bureau of Educational Standards
P.O. Box 23001
Albany, NY 12202-0001
(518) 486-3803
www.dos.ny.gov

Division of Licensing Services

Real Estate Continuing Education Course Approval Application

PLEASE READ CAREFULLY, AS INCOMPLETE APPLICATIONS WILL BE RETURNED.

¹ All applications must be submitted **60 DAYS BEFORE** the proposed course is to be conducted.

² The non-refundable fee of **\$25** must accompany this original, signed application (photocopies will not be accepted). Fees may be paid by check or money order (made payable to the Department of State) or by MasterCard or Visa, using a credit card authorization form. Do not send cash.

³ A non-refundable fee of **\$25** must be submitted for each additional location.

⁴ Annual registration period runs from January 1st through December 31st.

⁵ **Attach to application: a detailed course outline with time sequence and other items listed on the back of this application.**

1. WHAT IS THE TITLE AND LENGTH OF THIS COURSE?

Title _____ Hours _____

2. WHAT TYPE(S) OF COURSE DO YOU WANT TO OFFER? (There is a minimum of 1 hour of instruction and a maximum of 22.5 hours of instruction) Check all that apply.

Classroom Instruction Computer Based Satellite Video Live Distance Education

Check a box if you are submitting this course for approval to satisfy any portions of the following requirements:

Fair Housing Discrimination Law of Agency Ethics Recent Legal Matters (Which Must Be Taught by an Attorney)

3. EDUCATIONAL ORGANIZATION DATA

SCHOOL NAME _____

ADDRESS (NUMBER AND STREET, ROOM/SUITE DESIGNATION) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

E-MAIL ADDRESS (IF ANY) _____

COORDINATOR'S NAME (person authorized to submit application on behalf of entity and responsible for administering Department of State regulations) _____ TELEPHONE (_____) _____

E-MAIL ADDRESS (IF ANY) _____

DOES THIS INDIVIDUAL HOLD A NEW YORK STATE REAL ESTATE LICENSE? YES NO

HOME ADDRESS (NUMBER AND STREET) _____ TELEPHONE (_____) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

4. PRIMARY COURSE LOCATION

LOCATION ADDRESS (PLACE, NUMBER AND STREET, ROOM/FLOOR/SUITE DESIGNATION) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

5. SECONDARY LOCATIONS (Each location requires an additional fee of \$25)

LOCATION ADDRESS (PLACE, NUMBER AND STREET, ROOM/FLOOR/SUITE DESIGNATION) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

LOCATION ADDRESS (PLACE, NUMBER AND STREET, ROOM/FLOOR/SUITE DESIGNATION) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

LOCATION ADDRESS (PLACE, NUMBER AND STREET, ROOM/FLOOR/SUITE DESIGNATION) _____

CITY _____ STATE _____ ZIP+4 _____ COUNTY _____

OUT OF STATE LOCATIONS: All out-of-state locations must be provided on a separate sheet. No fee is required for these locations.

A fee of \$20 will be charged for any check returned by a bank for insufficient funds.

DOS-1488-I-a (Rev. 07/20)

Founder and CEO: Ashley Share

Covid Response: Tenant Relief

Covid-19 Tenant Relief Act

- Protects tenants impacted by COVID-19 from eviction for nonpayment of rent until June 30, 2021
- Protections are not automatic
- Different rules for rent due from March 1, 2020 to August 31, 2020 ("Precedent time period") and rent due from September 1, 2020 to June 30, 2021 ("Transition time period")
- Tenants are protected if they have lost income or have had more expenses from COVID-19
- Limited protections for other types of evictions
- §SB 91, C.C.P. § 1179.01 (et seq)

Claiming Protections

- Tenants must prove that they have been impacted by COVID-19 by returning a self-declaration signed under penalty of perjury to their landlord.
- The self-declaration must be returned **within 15 (coorty) days** of receiving any notice of nonpayment of rent.
- Landlords could serve a notice each month the tenant cannot pay full rent, and the tenant must sign and return the declaration each and every time.
- Landlords must include a copy of the self-declaration with any and all eviction notices for nonpayment.

New York State Continuing Legal Education Board
25 Beaver Street, Room 888, New York, NY 10004
Phone: (212) 428-2105 • E-mail: CLE@nycourts.gov
Website: www.nycourts.gov/attorneys/cle

**APPLICATION FOR ACCREDITATION OF AN INDIVIDUAL COURSE ACTIVITY
(FOR USE BY SPONSORING ORGANIZATION)**

Please mail your application, along with all required attachments, to: **25 Beaver Street, Room 888, New York, NY 10004** If the written materials (item 4 of the required attachments) are not available in advance, you may submit this application immediately following the course.

SPONSOR INFORMATION

Name of Sponsoring Organization _____

Address _____ Street: _____

City: _____ State: _____ Zip: _____

E-mail _____

Phone _____

COURSE INFORMATION

Title _____

Date(s) _____

Location _____

City: _____ State: _____

LEVEL OF DIFFICULTY

The content of the course is appropriate for:

newly admitted attorneys *only* (attorneys admitted two years or less)

experienced attorneys *only* (attorneys admitted more than two years)

both newly admitted and experienced attorneys

REGISTRATION FEE

Free of charge

Fee of \$ _____

If a fee is charged, please see item 8 of this application.

How much will you charge attorneys to attend this course?

Has this course been approved for CLE credit, or submitted for approval, in other states?

No

Application Pending --- If so, which state(s)? _____

Yes --- If yes, which state(s)? _____

If this course has been submitted for approval in another jurisdiction, you may not need to submit this individual course application to the New York State CLE Board. Please refer to New York's Approved Jurisdiction policy available on the CLE website at www.nycourts.gov/attorneys/cle/approvedjurisdictions.shtml.

CERTIFICATION

(A) Sponsor acknowledges and agrees to comply with all CLE Program Rules and CLE Board Regulations and Guidelines. Sponsor understands that the CLE Program Rules and the CLE Board Regulations and Guidelines are available on the CLE website and that printed copies are available by contacting the CLE Board.

(B) Sponsor certifies that the faculty of this program includes no disbarred attorneys.

(C) Sponsor certifies that this application is complete and includes all required attachments.

(D) Sponsor understands that once reviewed, this application will not be re-reviewed to consider additional materials supplied at _____

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Revenue Sources: Yoga Classes & Yoga Schools



sharelove.fund


1 Choose Appointment

Junior Teacher Training - Zoom Only - Lily Course




1 hour 30 minutes @ \$150.00

Adult Teacher Training - Zoom Only



1 hour 30 minutes @ \$150.00
* No prior experience required

Junior Teacher Training - Accelerated Course - Lotus Course



5 hours @ \$225.00
Email Yoga@ShareLove.Fund to apply.

English >



You can help ShareLove.Fund by volunteering your time to ask your gym or yoga school to add \$1 to their class fee and donate that dollar to ShareLove.Fund for a tax deduction.

If you have a friend who is a fitness instructor, they can host a fundraiser class for ShareLove.Fund.

I can teach a fundraiser class and give all profits to ShareLove.Fund if you want to promote the class and have your friends join. It will be fun!

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Revenue Sources: Online Giving

Your AmazonSmile

✓ You are now supporting:

ShareLove.Fund
Rye, NY
Change charity

JAKUBOWSKY's Phone
Generating donations **ON** ▼

In-browser
Type in smile.amazon.com **URL** ▼

Your AmazonSmile Impact

Orders supporting charity **1**

Learn more ▼

You have generated **\$0.82**
as of April 01, 2021

Every little bit counts

Your Story now

HELP SUPPORT SHARELOVE.FUND
Donations go to sharelove.fund

Donate

ShareLove.Fund
Page · Rye, NY · Nonprofit Organization ...

A 501(c)(3) charitable organization empowering women.

Susana Gonzalez Sanchez and 175 other friends like this

View Shop

Shop Products

- Branded Shirt \$100
- Lightweight Hoodie... \$100
- Unisex Hoodie -... \$250
- Love Station \$100

Fundraiser

Ashley's birthday fundraiser for ShareL...
Fundraiser for ShareLove.Fund by Ashley...
\$1,065 raised of \$4,100

donorbox.org

ShareLove.Fund **Donate**

ShareLove.Fund

\$910 Raised **\$100,000** Goal

Choose amount **● ○ ○** →

Weekly **Monthly** Annually

You can log in to edit your recurring donation any time

\$ 10 \$ 50 \$ 100

\$ 1,000

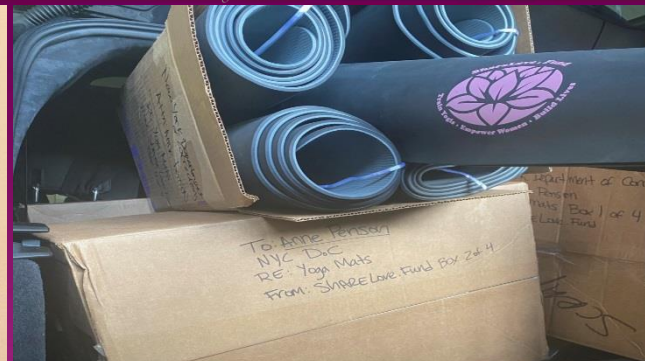
\$ Custom Amount

Write us a comment

Venmo
PayPal
Stripe

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Success Stories



Please Flatten the Curve of Recidivism

Share – Love – Fund

so that we can

Train – Empower – Build

ShareLove.Fund
Donate@ShareLove.Fund
(914) 688-1430
41 Purdy Avenue, Suite 567
Rye, NY 10580



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